

Scientific Programme

SCIENTIFIC PROGRAMME



Thursday May 25th, 2017

HALL I

11.00 - 12.00

Arrivals- Registration

16.00 - 17.00

Round Table I: Pain management in children

Chair: G. Mammi, L. Kalliardou

Interventional Techniques for pain management in children:

Are they evidence based?

E. Garini

Pain assessment and management in paediatric oncology

M. Mavri

17.00 - 17.30

Coffee Break

17.30 - 19.00

Round Table II: Educational aspects

Chair: K. Vissers, E. Argyra

The future of pain management

S. Erdine

Is the WHO analgesic ladder still valid?

G. Varrassi

Societal impact of pain

E. Alon

19.00 - 20.00

Opening Ceremony

Chair: K. Vissers, G. Varrassi

Welcome Addresses

Opening Lecture

The Drama of the Body: Algos, Art and Katharsis

M. Stefanidis

20.00 - 22.30

Welcome Dinner

SCIENTIFIC PROGRAMME

Thursday May 25th, 2017

HALL II

12.00 - 13.30

e-Posters Presentation I

Chronic Pain I

Chair: P. Galanou, G. Papakitsos, O. Panagiotidou

e-P 1 EVALUATION OF THE EFFICACY OF TRAMADOL FOR PREVENTION OF CATHETER-RELATED BLADDER DISCOMFORT (CRBD)
Mouriki M. *et al*

e-P 2 TREATMENT OF CHRONIC PERIUMBILICAL PAIN WITH LOCAL ANESTHETICS-A CASE REPORT
Gatis N. *et al*

e-P 3 CHRONIC OROFACIAL PAIN: INDICATIONS FOR MICRONEUROSURGICAL EVALUATION AND REPAIR
Morali A. *et al*

e-P 4 IMPLANTABLE INTRATHECAL PUMP OF MORPHINE IN PATIENT WITH CHRONIC PAIN AFTER BEING SHOT IN THE LUMBAR SPINE
Papasprou D. *et al*

e-P 5 FRIEDREICHS'S ATAXIA: CLINICAL MANAGEMENT AND PRESENTATION OF CASE REPORTS
Dionyssiotis Y. *et al*

e-P 6 TREATMENT OF COCCYDYNIA WITH A 5% LIDOCAINE PATCH: A CASE REPORT
Maliananis D. *et al*

13.30 - 16.00

e-Posters Presentation II

Complementary and Alternative Medicine

Chair: E. Karanika, V. Tsirtsiridou, S. Raftopoulou

e-P 7 OZONE THERAPY FOR PAIN CONTROL IN PATIENTS WITH CHRONIC PAIN SYNDROMES
Chatzimichail M. *et al*

e-P 8 ACUPUNCTURE IN A PATIENT WITH NEUROPATHIC PAIN AFTER LAMINECTOMY
Papasprou D. *et al*

e-P 9 CERVICAL SYNDROME TREATED WITH ACUPUNCTURE
Lasda E. *et al*

e-P 10 ELECTROACUPUNCTURE TO ALLEVIATE CANCER INDUCED BONE PAIN (CIBP): A CASE STUDY
Tsetine A.Th. *et al*

e-P 11 TURMERIC (CURCUMINE) EFFECT ON RHEUMATOID ARTHRITIS PAIN MANAGEMENT
Kavezou F. *et al*

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Thursday May 25th, 2017

HALL II

13.30 - 16.00

e-Posters Presentation II
Complementary and Alternative Medicine
Chair: E. Karanika, V. Tsirtsiridou, S. Raptopoulou

e-P 12 BEE VENOM PATCHES EFFECTIVENESS IN CHRONIC LOW BACK PAIN MANAGEMENT
Schiza C. et al

e-P 13 CHRONIC HEADACHE TREATMENT WITH THE SELECTIVE USE OF CLASSICAL HOMEOPATHY OR ACUPUNCTURE IN THE PAIN CLINIC OF A SMALL HOSPITAL
K. Papilas et al

e-P 14 DOES REFLEXOLOGY HELP IN ALLEVIATING PAIN IN PATIENTS WITH CHRONIC LOW BACK PAIN ?
S.Raptopoulou et al

e-P 15 REFLEXOLOGY FOR FAILED BACK SYNDROME: A CASE-SERIES
S.Raptopoulou et al

e-P 16 OZONE. A NEW THERAPEUTIC AGENT IN PATIENTS WITH CHRONIC KNEE OSTEOARTHRITIS
Bernali N. et al

e-P 17 ACUPUNCTURE AS AN ADD-ON INTERVENTION IN HEADACHES
A. Moutzouri et al

SCIENTIFIC PROGRAMME

Friday May 26th, 2017

HALL I

09.00 - 10.30

Round Table III: New developments in Acute Pain

Chair: G. Stamatiou, Ch. Staikou, T. Lefaki

Prospect: Recommendations for effective postoperative analgesia

N. Rawal

Intravenous lidocaine for acute pain

N. Scott

Closing the gaps in perioperative pain management: the role of Gabapentinoids

E. Moka

10.30 - 11.00

Lecture

Chair: G. Varrassi, P. Zis

Neuro-imaging in pain medicine

G. Iannetti

11.00 - 11.30

Satellite Lecture I

Chair: S. Anisoglou, Eir. Papageorgiou

PecSys technology: a new approach for the management of BTCP

I. Sifaka

11.30 - 12.00

Coffee Break

12.00 - 13.00

Round Table IV: Pathophysiology of Chronic Pain

Chair: E. Alon, A. Evangelou

The Science of Pain

V. Kalfakakou

Fibromyalgia as a difficult pain syndrome

S. Coaccioli

13.00 - 14.30

Round Table V: The Role of Opioids in Pain Medicine

Chair: E. Koshi, A. Bairaktari, M. Kokolaki

Designing Opioids: Beyond Mu receptors

C. Hartrick

Opioids analgesic dependence

E. Alon

The role of opioids analgesia in cancer pain

S. Bosnjak

SCIENTIFIC PROGRAMME ○○○

Friday May 26th, 2017

HALL I

14.30 - 15.30

Lunch Break

15.30 - 17.00

Round Table VI: New pathways for Pain Specialists
Chair: A. Vadalouca, Ch. Michaloliakou, N. Bernali

Cancer Pain and Palliative Care
K. Vissers

Complementary and Alternative Medicine for chronic pain
E. Vrachnou

Optimising communication and pain management decisions
E. Argyra

17.00 - 18.30

Round Table VII: Regional Anaesthesia
Chair: M. Gouliami, A. Paladini, E. Chrona

Enhanced Recovery after Surgery (ERAS) protocols and postoperative outcome
K. Theodoraki

Infiltrative techniques – the way forward in postoperative management?
N. Rawal

Ultrasound in Regional Anesthesia: Unresolved issues!
Y. Gurkan

SCIENTIFIC PROGRAMME

Friday May 26th, 2017

HALL II

08.00 - 09.00

e-Posters Presentation III

Chronic Pain – Palliative Care I

Chair: M. Zotou, I. Stavrou, Th. Tsolelidis

e-P 18 MELOXICAM 15 MG AND LIDOCAINE 5% MEDICATED PLASTERS AS A TREATMENT OF CHRONIC BACK PAIN IN ELDERLY PATIENTS
Syrmos N. *et al*

e-P 19 COMBINATION OF LIDOCAINE 5% MEDICATED PLASTERS AND MELOXICAM 15 MG AS A TREATMENT OF CHRONIC NECK AND BACK PAIN IN ELEMENTS WITH AMATEUR ATHLETIC ACTIVITY
Syrmos N. *et al*

e-P 20 PROCEEDINGS OF THE PAIN RELIEF CLINIC OF GENERAL DISTRICT HOSPITAL OF AGIOS NIKOLAOS
Papantonaki S. *et al*

e-P 21 THE USE OF LIDOCAINE 5% PATCH FOR PAIN MANAGEMENT IN PATIENTS WITH METASTATIC COMPRESION OF THE SPINAL CORD AND VERTEBRA FRACTURE (REPORT OF TWO CASES)
Isaia El-Ch. *et al*

e-P 22 PATIENT MANAGEMENT WITH CHRONIC NEUROPATHIC PAIN AFTER APPENDECTOMY AT OUR HOSPITAL'S PAIN MANAGEMENT OFFICE
Kiamiloglou B. *et al*

e-P 23 SALIVARY A-AMYLASE LEVELS, ORAL MUCOSITIS, PAIN AND XEROSTOMIA IN HEAD AND NECK CANCER PATIENTS, RECEIVING RADIO/CHEMORADIOTHERAPY: A PRELIMINARY REPORT
Kouri M. *et al*

e-P 24 PAIN MANAGEMENT IN A HOSPICE FOR DISABLED PEOPLE
Dionyssiots Y. *et al*

13.30 - 16.00

Adults Hands – On Clinical Workshop with Demonstration on Live Models Proximal and Distal approaches to Brachial Plexus Block Before and After US: Has Anything Changed?

Moderators: N. Scott, E. Stavropoulou, A. Makris

Introduction

E. Argyra

Interscalene block

N. Scott

Supraclavicular /infraclavicular block

A. Makris

Axillary and distal nerves

E. Stavropoulou

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Friday May 26th, 2017

08.00 - 09.00

HALL III

e-Posters Presentation IV
Regional Anesthesia-Post-Op Pain I
 Chair: G. Kamperi, E. Ketikidou, N. Palli

e-P 25 REGIONAL ANESTHESIA WITH PERIPHERAL NERVE BLOCK IN PATIENT WITH PREEXISTING NEUROLOGIC DYSFUNCTION-MULTIPLE SCLEROSIS
 Katrakazou A. *et al*

e-P 26 ULTRASOUND GUIDED FEMORAL – OBTURATOR – SCIATIC VERSUS POSTERIOR LUMBAR PLEXUS – SCIATIC NERVE BLOCK FOR ACL RECONSTRUCTIVE SURGERY. A RANDOMIZED CONTROL TRIAL
 Bareka M. *et al*

e-P 27 A CASE REPORT: PATIENT UNDERGOING OPEN CHOLECYSTECTOMY WITH THORACIC EPIDURAL ANAESTHESIA AND SEDATION WITH DEXMEDETOMIDINE
 Chatzimichail M. *et al*

e-P 28 CORRELATION BETWEEN THE DEMAND OF ADDITIONAL ANALGESICS DURING GYNECOLOGICAL SURGERIES WITH THE PREOPERATIVE ANXIETY AND THE PREOPERATIVE INFORMATION
 Lykousi V. *et al*

e-P 29 PRACTICE IN OBSTETRIC ANALGESIA IN GREECE: A 2016 SURVEY
 Staikou C. *et al*

e-P 30 CONTINUOUS INTRA-ARTICULAR INFUSION: A MODERN TECHNIQUE FOR POSTOPERATIVE PAIN MANAGEMENT AFTER TOTAL KNEE ARTHROPLASTY
 Karpetas G. *et al*

e-P 31 TREATING ANTERIOR KNEE PAIN AFTER TOTAL KNEE ARTHROPLASTY WITH LIDOCAINE PATCHES 5%
 Stefas E. *et al*

e-P 32 POSTOPERATIVE OPIOID CONSUMPTION AND ITS RELATIONSHIP TO COGNITIVE FUNCTION IN OLDER ADULTS UNDERGOING TRANSURETHRAL RESECTION OF PROSTATE TURP
 Tomara E. *et al*

Friday May 26th, 2017

HALL III

14.30-15.30

e-Posters Presentation V

Chronic Pain – Palliative Care II

Chair: E. Papadopoulou, E. Ketikidou, A. Alvanou

e-P 33 PAIN RELIEVE OF SPECIFIC CHRONIC PAIN SYNDROMES FOR CIVILIAN WAR VICTIMS IN B&H
Amira Karkin Tais

e-P 34 COMPARISON OF EPIDURAL STEROID INJECTION BETWEEN L5-S1 RETRODISCAL TECHNIQUE AND S1 TRANSFORAMINAL TECHNIQUE IN L5-S1 SPINAL STENOSIS WITH S1 RADICULAR PAIN
Sithapan Munjupong *et al*

e-P 35 PAIN IN GLUTEN NEUROPATHY: PREVALENCE AND IMPACT TO MENTAL HEALTH
Zis P. *et al*

e-P 36 FACTORS INFLUENCING THE EFFICIENCY OF INTRATHECAL MORPHINE. PAIN THERAPY IN THE ELDERLY
Charalampidou A. *et al*

e-P 37 INTRAVENOUS LIDOCAINE: RESCUE TREATMENT IN PATIENTS WITH TRIGEMINAL NEURALGIA (TN) AND MULTIPLE SCLEROSIS (MS): A CASE SERIES OF SIX PATIENTS
Stavropoulou E. *et al*

e-P 38 EFFECTIVENESS OF LIDOCAINE 5% MEDICATED PLASTER IN PATIENTS WITH LOW BACK PAIN(LBP) WITH A NEUROPATHIC COMPONENT: A PROSPECTIVE OPEN-LABEL STUDY
Chrysikopoulou A. *et al*

e-P 39 PHYSIOTHERAPY FURTHER ENHANCES SEGMENTAL AND EXTRASEGMENTAL ANALGESIA IN TENSION-TYPE HEADACHE PATIENTS, COMPARED TO AN ACUPUNCTURE-STRETCHING PROTOCOL
G. Georgoudis *et al*

e-P 40 CORRELATION BETWEEN THE LEVEL OF CONSCIOUSNESS AND THE RESPIRATORY STATUS IN ENDSTAGE CANCER PATIENTS RECEIVING OPIOIDS
Bairaktari A., *et al*

e-P 41 USE OF DEXMEDETOMIDINE IN ENDSTAGE CANCER PATIENTS WITH SEVERE DYSPNEA
Bairaktari A., *et al*

SCIENTIFIC PROGRAMME**Saturday May 27th, 2017****HALL I**

09.00 - 10.30	<p>Round Table VIII: Interventional Procedures for Pain Relief Chair: D. Vassilakos, S. Papastefanou, E. Antonopoulou</p> <p>New Concepts in RF and Pulsed RF R. Ruiz Lopez</p> <p>Interventional techniques for pelvic pain E. Alp Yentur</p> <p>Spinal cord stimulation for low back pain A. Al-Kaisy</p>
10.30 - 11.00	<p>Satellite Lecture II Chair: Th. Vogiatzaki</p> <p>Localised Neuropathic Pain; a new entity E. Vrachnou</p>
11.00 - 11.30	Coffee Break
11.30 - 12.00	<p>Satellite Lecture III Chair: D. Vassilakos, M. Zotou</p> <p>Naloxegol: a new "selective" treatment for Opioid Induced Constipation E. Amaniti</p>
12.00 - 13.30	<p>Satellite Symposium Neuropathic Pain Chair: E. Argyra, A. Trikoupi</p> <p>Hellenic Guidelines for Chronic Neuropathic Pain. Is there a need for revision? E. Stavropoulou</p> <p>Registry for chronic neuropathic pain: One year experience in Greece A. Vadalouca</p>
13.30 - 14.30	<p>Round Table IX: Improving Outcome (Visibility) Chair: E. Argyra, E. Moka</p> <p>Outcomes & Economics in chronic pain management K. Vissers</p> <p>Improvement of Quality of life: Opioid induced constipation C. Hartrick</p>
14.30 - 15.30	Lunch Break

SCIENTIFIC PROGRAMME



Saturday May 27th, 2017

HALL I

15.30 - 17.00

Round Table X: State of the Art of Specific Pain Syndromes

Chair: K. Vissers, M.Nadhari, A. Tsaroucha

Pain in Sickle cell disease

I. Kouroukli

CRPS Evidence Based. What's New?

F. Huygen

Neuroinflammation and Pain

S. Coaccioli

17.00 - 18.00

Round Table XI: State of the Art of Specific Pain Syndromes

Chair: F. Kremastinou, K. Kokkinis, E. Tsirogianni

Neuropathic pain in infectious diseases

E. Amaniti

Trigeminal Neuralgia Recent advances in pain management

S. Erdine

18.00-18.30

Closing Remarks – Certificates

20.30

Farewell Dinner

SCIENTIFIC PROGRAMME



Saturday May 27th, 2017

HALL II

08.00 - 11.00

Adults Hands – On Clinical Workshop with Demonstration on Live Models

Ultrasound Guided Interventional Procedures in Pain Medicine: The Shoulder
Moderators: M. Varveri, A. Makris, B. Fyntanidou

Anatomy & Sonoanatomy of the region
A. Makris

Brachial Plexus, Suprascapular nerve
A. Makris

Glenohumeral Joint
Long Head of Biceps Tendon
Rotator Cuff
B. Fyntanidou

Subacromial Subdeltoid Bursa
Acromioclavicular Joint
Supraspinatus Tendon
M. Varveri

14.30 - 15.30

e-Posters Presentation VII
Regional Anesthesia-Post-Op Pain II
Chair: P. Chloropoulou, Ch. Karanastasi, N. Firfiris

e-P 48 AN ACCIDENTAL OVERDOSE OF INTRATHECAL MORPHINE
Kalampokini A., *et al*

e-P 49 INVESTIGATION OF THE ROLE OF DEXAMETHASONE ADDED TO ROPIVACAINE IN AXILLARY BRACHIAL PLEXUS BLOCKADE:PRELIMINARY RESULTS
Chrysikopoulou A. *et al*

e-P 50 PATIENT-RELATED FACTORS ASSOCIATED WITH DIFFICULT SPINAL BLOCKADE. PRELIMINARY RESULTS
Chrysikopoulou A. *et al*

e-P 51 THORACIC EPIDURAL ANAESTHESIA-ANALGESIA & COLORECTAL SURGERY: POSTOPERATIVE COAGULATION DISORDERS AND EPIDURAL CATHETER REMOVAL
S. Boufidis S. *et al*

e-P 52 EFFECTIVENESS AND SAFETY OF DEXMEDETOMIDINE IN SEDATED ELDERLY PATIENTS UNDERGOING ENDOVASCULAR AORTIC REPAIR (EVAR)
Kloka M. *et al*

e-P 53 POSTOPERATIVE ANALGESIA AND OPIOID CONSUMPTION AFTER TRANSABDOMINAL PREPERITONEAL (TAPP) INGUINAL HERNIA REPAIR: SPINAL VS GENERAL ANESTHESIA
Chatzimichail M. *et al*

e-P 54 MANAGEMENT OF POST-STERNOTOMY CHRONIC PAIN FOLLOWING CARDIAC SURGERY:A CASE-REPORT
Theodorou E. *et al*

e-P 55 PERIOPERATIVE NERVE BLOCK & DEXMEDETOMIDINE
Bousoula M. *et al*

SCIENTIFIC PROGRAMME

Saturday May 27th, 2017

HALL III

08.00 - 09.00

**e-Posters Presentation VI
Paediatric Pain**
Chair: A. Kaperda, G. Micha, M. Rekatsina

e-P 42 STIMULATION OF ACUPOINT LI4 IN CHILDREN REDUCES PAIN DURING INJECTION OF LOCAL ANAESTHETIC IN DENTAL PROCEDURES
Kapsali Angeliki *et al*

e-P 43 SMALL FIBER SYNDROME PATHOLOGY. PATHOPHYSIOLOGY OF A NON FREQUENT FINDING IN ADOLESCENTS. DIAGNOSTIC APPROACHES IN PAINFUL CONDITIONS. A CASE REPORT
Rosenfeld N. *et al*

e-P 44 PERSISTENT MERALGIA PARESTHETICA AFTER PAEDIATRIC POSTERIOR SPINE FUSION IN AN EHLERS DAHNLOS CASE
Kouna N. *et al*

e-P 45 PROCEDURAL SEDATION AND ANALGESIA WITH DEXMEDETOMIDINE AFTER CARDIAC SURGERY IN THE PAEDIATRIC CARDIAC INTENSIVE CARE UNIT
Kouna N. *et al*

e-P 46 ULTRASOUND-GUIDED PERCUTANEOUS CENTRAL VENOUS CATHETERIZATION IN PAEDIATRIC PATIENTS
Kouna N. *et al*

e-P 47 ASSESSMENT OF PAIN IN AUTISM SPECTRUM DISORDERS
Sykioti P. *et al*

09.00 - 12.00

**Workshop: Ozon Therapy
SIOT – PARH.SY.A.**

A. Della Puppa, M. Camolese, M. Franzini, G. Konstantopoulou

AT THE HOSPITAL OF RHODES

15.00 - 16.30

**Hands-on Mannequin workshop in interventional techniques
Intrathecal Drug Delivery Systems**

Moderators: S. Erdine, E. Alp Yentur, A. Vadalouca, D. Nomikarios

16.30-18.00

**Hands-on Mannequin workshop in interventional techniques
Neurostimulators**

Moderators: A. Al Kaisy, D. Nomikarios, I. Kouroukli

