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# STRESS ECHO COURSE

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07-10  
DECEMBER  
2023  
ATHENS

## SCIENTIFIC PROGRAM

Event Endorsed by



### Collaborated Institutions

Echocardiographic Laboratories

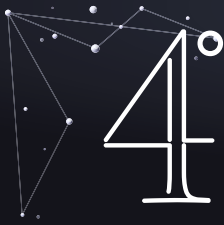


Hellenic Red Cross Hospital  
«Korgialenio-Benakio»

Athens Medical Group (AMG)



ΟΜΙΛΟΣ ΙΑΤΡΙΚΟΥ  
ΑΘΗΝΩΝ  
Ιατρικό Κέντρο Αθηνών



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ΕΑΜΕΚΑΝ



Πανεπιστήμιο Κύπρου  
University of Cyprus

Thursday  
07/12/2023

## SCIENTIFIC PROGRAMME

13.00 - 14.15

### Stress echo procedure

14.00 - 14.15

#### Indications and contra-indications for stress echo

**K. Papadopoulos**

14.15 - 14.30

#### Before stress echo

- Lab set-up and drugs
- Informed consent
- Patient's preparation
- Safety measures

**N. Kadoglou**

14.30 - 14.45

#### During stress echo

Protocols of stress echo:

- A. Pharmaceutical stress echo
- B. Exercise stress echo

Image acquisition and analysis

**K. Papadopoulos**

14.45 - 15.00

#### After stress echo

- Criteria for protocol completion
- Potential complications and their management
- Patient's care and information
- Report

**S. Karagiannis**

14.15 - 14.30

### Coffee break

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 Hellenic Red Cross Hospital  
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ΛΟΓΙΣΤΗΡΙΟΥ  
ΙΑΤΡΙΚΟ Κέντρο Αθηνών



**Thursday**  
07/12/2023

## SCIENTIFIC PROGRAMME

**14.30 - 15.30**    **Application of novel imaging techniques in stress echo**

14.30 - 14.45

**Contrast agents** **N. Kadoglou**

14.45 - 15.00

**Speckle Tracking & 3D** **S. Karagiannis**

15.00 - 15.15

**Coronary flow reserve (CFR)** **K. Papadopoulos**

15.15 - 15.30

**Discussion**

**15.30 - 16.30**    **Stress echo and coronary artery disease**

15.30 - 15.50

**Chronic Coronary artery disease -Diagnosis** **K. Papadopoulos**

15.50 - 16.10

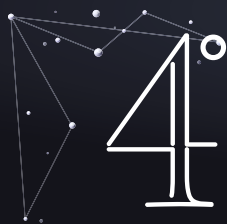
**Viability study and pitfalls in special conditions  
(LBBB, microvascular disease etc)** **S. Karagiannis**

16.10 - 16.30

**Stress echo for risk stratification, patient's prognosis and  
pre-operative evaluation** **N. Kadoglou**

**16.30 - 17.00**    **Coffee break**

**17.00 - 19.00**    **Computer hands-on**



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**Friday  
08/12/2023**

## SCIENTIFIC PROGRAMME

09.00 - 14.00	Echo lab hands-on
14.00 - 15.00	Light Lunch
15.00 - 16.20	Stress Echo in valvular diseases
	15.00 - 15.10 Mitral Stenosis <b>N. Kadoglou</b>
	15.10 - 15.30 Mitral regurgitation <b>N. Kadoglou</b>
	15.30 - 15.50 Aortic stenosis <b>S. Karagiannis</b>
	15.50 - 16.00 Aortic regurgitation <b>K. Papadopoulos</b>
	16.00 - 16.10 Mixed valvulopathies ( <b>K. Papadopoulos</b> )
16.10 - 16.30	Coffee break
16.30 - 19.00	Computer hands-on

Event Endorsed by



#### Collaborated Institutions

Echocardiographic Laboratories



Hellenic Red Cross Hospital  
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**Saturday**  
09/12/2023

## SCIENTIFIC PROGRAMME

09.00 - 14.00 Echo lab hands-on

14.00 - 15.00 Light Lunch

15.00 - 16.00 Stress Echo in heart failure and cardiomyopathies

15.00 - 15.20

Ischemic heart failure **K. Papadopoulos**

15.20 - 15.40

Non-ischemic heart failure-Cardiomyopathies **S. Karagiannis**

15.40 - 16.00

Pulmonary hypertension, unexplained dyspnea **N. Kadoglou**

16.00 - 16.20 Coffee break

16.20 - 19.00 Computer hands-on



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**07-10  
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ATHENS**

ORGANIZATION

**EAEMEKAN**



Πανεπιστήμιο Κύπρου  
University of Cyprus

**Sunday  
10/12/2023**

## SCIENTIFIC PROGRAMME

- 09.00 - 11.00**    **Computer hands-on**
- 11.30 - 12.00**    **Coffee Break**
- 12.00 - 15.00**    **Exam test and results discussion  
(Interactive session with comments, conclusions  
and summarized take home messages)**



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# CONCO

THE CONFERENCE COMPANY

### Οργάνωση - Γραμματεία

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