

16th HAND SURGERY COURSE

PRELIMINARY PROGRAM



Thursday, May 30, 2024

12.00-12.30	Registrations	
12.30-18.30	Lectures Moderators: J. Galanakis, N. Darlis	
	Chronic Ulnar Collateral Ligament Injury of the Thumb	N. Stefanou
	Dupuytren's Disease. Treatment Choices	S. Athanaselis
	Benign and Malignant Tumors of the Hand	O. Savvidou
	Scapholunate Injury: Diagnosis and Treatment	P. Kanellos
	Scapholunate Instability in the Era of Wrist Arthroscopy	N. Darlis
	Perilunate Fractures / Dislocations	C. Ntinopoulos
	Proximal Row Carpectomy vs Four Corner Fusion for Wrist Arthritis	F. Giannoulis
14.00-14.15	Lecture	
	Moderators: P. Giannakopoulos, N. Darlis	
	Hetertopic Ossification of the Elbow (via zoom)	D. Sotereanos
14.15-18.30	Live Surgery	
	Surgeons: P. Giannakopoulos, A. Misitzis Commentators: S. Anagnostou, J. Galanakis, A. Vasiliadis, N. Darlis, E. Giannaulia	
	F. Giannoulis	
16.30-16.45	Lecture	
	Moderators: P. Giannoulis, N. Darlis	
	The Path to Stability in Elbow-Fracture Dislocations (via zoom)	M. Baratz
18.30-19.00	Coffee Break	
19.00-20.00	Lectures	
	Moderators: A. Misitzis , M. Ierodiaconou S. Anagnostou	
	Distal Radio-Ulnar Instability (via zoom)	L. Scheker
	Orthopedics and Cerebral Palsy. An Update	D. Pasparakis
	Failed Hip Arthroplasty Surgery. Now what?	I. Kosmidis
20.00	Welcome Address	
	Moderators: P. Giannakopoulos, A. Misitzis	
	Applications of Microsurgery in Orthopedics	A. Beris
	Surgery of the Hand and Upper Extremity: The Cutting-edge in the new	
	Bio-Intelligence Age. Lessons from History	P. N. Soucacos
21.00	Welcome Reception	

Friday, May 31, 2024

8.00-12.30	Lectures Moderators: J. Galanakis, S. Athanasellis Musculoskeletal Ultrasound. It is More than just a Solution for Claustrophobic Patients Cubital Tunnel Syndrome: Diagnosis and Treatment Epicondylitis Mangled Upper Limb, Etiology, Scoring, Management, Outcomes Bridging of Nerve Defects by Autologous Nerve Grafting Treatment of Painful Neuroma Wrist Arthritis	D. Papoutsi G. Kasimatis N. Vlachos I. Ignatiadis A. Vasiliadis S. Varitimidis J. Galanakis
9.00-12.30	Live Surgery Surgeons: P. Giannakopoulos, A. Misitzis Commentators: N. Daoutis, J. Sarris, K. Ditsios, F. Giannoulis, J. Galanakis	
12.30-13.00	Coffee Break	
13.00-16.00	Lectures Moderators: J. Sarris, K. Ditsios Outcomes after Resection of the Radial Column Bones of the Wrist (via zoom) Hand Amputations: Revascularization and Replantation (Technical Considerations) Management of Brachial Plexus Injuries Free Functional Muscle Transfer for the Treatment of Upper Extremity Paralysis Congenital Anomalies of the Thumb The Patient's Approach in Congenital Hand Differences The "Pillow" Technique for Thumb Carpometacarpal Joint Arthritis: Cohort Study With 10- to 15-Year Follow-Up	L. Papatheodorou S. Spiridonos N. Daoutis M. Vekris Z. Dailiana E. Papadogeorgou P. Givissis
13.15-16.00	Live Surgery Surgeons: P. Giannakopoulos, A. Misitzis Commentators: S. Spiridonos, Z. Dailiana, S. Varitimidis, M. Vekris, P. Givissis	
16.00-16.30	Light Lunch	
16.30-17.00	Lectures Moderators: A. Misitzis, P. Givissis,S. Varitimidis Emergency Free Flaps in Hand Injuries (via Skype) Posterolateral Rotatory Instability of the Elbow Complications of Reverse Total Shoulder Arthroplasty	L. Scheker K. Ditsios J. Sarris
17.00-20.00	Wet Lab, Hand Surgery on Cadavers Moderators: P. Giannakopoulos, A. Misitzis Carpal Tunnel Syndrome Trigger Finger Mallet Finger Ulnar Collateral Ligament Injury De Quervain Syndrome	S. Spiridonos N. Darlis K. Ditsios P. Giannakopoulos F. Giannoulis

Saturday, June 01, 2024

8.30-10.00	Lectures	
	Moderators: N. Darlis, F. Giannoulis	
	Red Flags for Child Physical Abuse	K. Kourkoutas
	Ultrasound Evaluation of Upper Extremity Compressive Neuropathies	A. Venouziou
	When do Volar plates for Distal Radius Fractures not work?	E. Fandridis
	Distal Radius Fracture Malunion Treated with Osteotomy and Volar	
	Plating	Z. Kokkalis
	Principles of Tendon Transfer in Upper Extremity	A. Korobilias
	Limb Salvage in Complex Upper Extremity Trauma	P. Giannakopoulos
	Thoracic Outlet Syndrome	A. Misitzis
10.00-15.00	Wet Lab, Hand Surgery on Cadavers	
	Moderators: P. Giannakopoulos, A. Misitzis	
	Palmar Approach for Distal Radius Fractures	J. Galanakis
	Extended Palmar Approach for Scaphoid Reconstruction	J. Sarris
	CMC Exposure	P. Givissis
	Flexor Tendon Anatomy	Z. Kokkalis
	Extensor Mechanism Dissection	A. Misitzis
	Wrist Arthroscopy	P. Giannakopoulos,
		A. Misitzis, N. Darlis

15.00 Closing Remarks P. Giannakopoulos, A. Misitzis

ORGANIZING COMMITTEE

Giannakopoulos Panagiotis MD,

Orthopaedic, Upper Extremity Surgeon, Director, Hand-Upper Extremity & Microsurgery Unit, Athens Medical Center, Athens, Greece.

Misitzis Adam MD,

Orthopaedic, Upper Extremity Surgeon, Director, Hand-Upper Extremity & Microsurgery Unit, Athens Medical Center, Athens, Greece.

Kourkoutas Konstantinos MD,

Orthopaedic Surgeon, Hand-Upper Extremity & Microsurgery Unit, Athens Medical Center, Athens, Greece.

Kalogeropoulos Georgios MD,

Orthopaedic Surgeon, Hand-Upper Extremity & Microsurgery Unit, Athens Medical Center, Athens, Greece.

Chair of Scientific Program Committee:

Beris Alexandros MD,

Professor of Orthopaedic Surgery, University of Ioannina, Interbalkan Hospital, Athens Medical Group, Ioannina, Greece.

INTERNATIONAL FACULTY

Mark Baratz MD,

Clinical Professor and Vice Chairman, Director Hand and Upper Extremity Surgery/CMI, Orthopaedic Specialists, University of Pittsburgh Medical Center, President – Elect AAHS, Pittsburgh, PA, USA.

Loukia K. Papatheodorou, MD, PhD

Clinical Assistant Professor of Orthopaedic Surgery, University of Pittsburgh School of Medicine, Department of Orthopaedic Surgery, Pittsburgh, PA, USA.

Luis Scheker MD,

Clinical Professor of Plastic and Reconstructive Surgery, University of Louisville, Kleinert Institute for Hand and Microsurgery, Louisville, KY, USA

Dean G Sotereanos MD,

Clinical Professor of Orthopaedic Surgery, University of Pittsburgh School of Medicine, Orthopaedic Shoulder Elbow and Hand Surgeon, Orthopaedic Specialists-UPMC, Pittsburgh, PA, USA.

FACULTY

Anagnostou Stavros M.D.

Orthopaedic, Hand Surgeon, "Hygeia" Hospital, Athens, Greece.

Athanaselis Efstratios M.D.

Consultant Orthopaedic Surgeon, University Hospital of Larisa, Larisa, Greece.

Beris Alexandros MD,

Professor of Orthopaedic Surgery, University of Ioannina, Interbalkan Hospital, Athens Medical Group, Ioannina, Greece.

Dailiana Zoi MD,

Professor of Orthopaedic Surgery, University of Thesalia, Larisa, Greece.

Daoutis Nikos MD,

Chief, Hand and Microsurgery Unit, Metropolitan Hospital, Athens, Greece.

Darlis Nikos MD,

Orthopaedic, Hand Surgeon, Metropolitan Hospital, Athens, Greece.

Ditsios Konstantinos MD,

Professor of Orthopaedic Surgery, Aristoteleio University of Thessaloniki, Thessaloniki, Greece.

Fandridis Emmanouil, MD,

Chief, Hand-Upper Limb and Microsurgery Unit, General Hospital of Attica "KAT", Athens, Greece.

Galanakis loannis MD,

Consultant Orthopaedic Surgeon, University Hospital of Iraklion, Iraklion, Greece.

Giannoulis Filippos MD,

Orthopaedic Surgeon, Upper Extremity & Microsurgery Unit, General Hospital of Attica "KAT", Athens, Greece.

Givissis Panayotis MD,

Professor and Chairman of Orthopaedic Surgery, Aristoteleio University of Thessaloniki, Thessaloniki, Greece.

Kanellos Panagiotis MD,

Orthopaedic Surgeon, Upper Extremity & Microsurgery Unit, General Hospital of Attica "KAT", Athens, Greece.

Kasimatis George MD,

Orthopaedic Surgeon, Athens Medical Center, Athens, Greece.

Kokkalis Zinon MD,

Associate Professor of Orthopaedic Surgery, University of Patra, Patra, Greece.

Korobilias Anastasios MD,

Professor and Chairman of Orthopaedic Surgery, University of Ioannina, Ioannina, Greece.

Kosmidis Ilias Alexardros

Consultant in Trauma and Orthopaedics, Hip/Knee Arthroplasty and Revision Specialist, Clinical Lead for Orthopaedics, Mid and South Essex University Hospitals, UK

Ntinopoulos Charalampos MD,

Orthopaedic Surgeon, Head of the 1st Orthopaedic Department, Asclepeion Hospital, Athens, Greece.

Papadogeorgou Ellada MD,

Orthopaedic, Upper Extremity Surgeon, Interbalkan Hospital, Athens Medical Group, Thessaloniki, Greece.

Papoutsi Dimitra MD,

MSK Radiologist, Athens Medical Center. Athens, Greece.

Pasparakis Dimitrios MD,

Orthopaedic Surgeon, Pediatric Orthopaedics, Athens Medical Center, Athens, Greece.

Riganelis Panagiotis MD,

Plastic Surgeon, Hyppokratio Hospital, Athens, Greece.

Sarris Ioannis MD,

Associate Professor of Orthopaedic Surgery, Aristoteleio University of Thessaloniki, Thessaloniki, Greece.

Savvidou Olga MD,

Professor of Orthopaedic Surgery, University of Athens, Athens, Greece.

Soucacos Panayotis N. MD,

Professor of Orthopaedic Surgery, University of Athens, Athens, Greece.

Spiridonos Sarantis MD, Phd

Chief, Director of Hand Surgery – Upper Limp & Microsurgery Dpt, Henry Dunant Hospital Athens, Greece.

Varitimidis Sokratis MD,

Professor of Orthopaedic Surgery, University of Thesalia, Larisa, Greece.

Vasiliadis Adonis MD,

Orthopaedic, Hand Surgeon, Metropolitan Hospital, Athens, Greece.

Venouziou Aaron MD,

Orthopaedic, Upper Extremity Surgeon, Thessaloniki, Greece.

Vekris Marios MD,

Professor of Orthopaedic Surgery, University of Ioannina, Ioannina, Greece.

Vlachos Nikos MD,

Orthopaedic Surgeon, Athens Medical Group, Athens, Greece.

Zoubos Aristides MD,

Emeritus Professor of Orthopaedic Surgery, University of Athens, Athens, Greece.