

1st International Congress for Minimal Invasive Orthopaedic Surgery Current Concepts

Organised by
1st Orthopaedic Department
Interbalkan Medical Center, Thessaloniki

In cooperation with
 Orthopaedic & Traumatology Association of
Macedonia and Thrace

13-15 May 2022
Amphitheatre
Interbalkan Medical Center
Thessaloniki



Hybrid Conference

SCIENTIFIC PROGRAM

Friday 13 May 2022

08.00-08.30 Registrations

08.30-10.00 Spine session

Moderators: S. Kapetanakis, P. Van Daele

The present and the future of endoscopic techniques
in lumbar spine surgery

S. Kapetanakis

Endoscopy in the lumbar spine – the interlaminar approach

M.G. Hess

MIS adolescent and adult scoliosis surgery

G. Bakaloudis

Comprehensive surgical treatment strategy for spinal tumors
with special attention to preoperative embolization

J. Bladowska

Advanced spinal pain management

P. Zavidis

Full-endoscopic cervical spine surgery

P. Van Daele

Discussion

10.00-11.15 Elbow session

Moderator: Ch. Koukos, P. Arrigoni

Lateral elbow pain. Differential diagnosis. The role of elbow
arthroscopy

Ch. Koukos

Complications in elbow arthroscopy

E. Fandridis

Management of the stiff elbow

A. Leonidou

All the possibilities of elbow arthroscopy on medial and lateral instability
P. Arrigoni

How to perform elbow arthroscopy. Tips and tricks
K. Grezda - Cl. Rosso
Discussion

11.15-11.45 Coffee break

11.45-12.15 Satellite Symposium (*Medical Ware Hellas*)

Minimally invasive techniques-Invasive disease. One step before surgery

P. Zavidis

Percutaneous discolysis procedures
D. Peios

12.15-13.45 Foot and Ankle session

Moderator: D. Hatziemmanuil, A. Goldberg

Minimally Invasive Hallux valgus correction
D. Hatziemmanuil

Innovation in Orthopaedics
A. Goldberg

Rotational assessment of the lower limbs
A. Goldberg

The paediatric and adolescent foot. Diagnostic and therapeutic approach
Ch. Konstantoulakis

Arthroscopic double, triple, TTC and plantar arthrodesis
N. Gougoulas

Proximal Medial Gastrocnemius Release: spend 10 minutes and...an inch to help a patient's foot!
G. Kiziridis

Discussion

13.45-14.30 Light lunch

14.30-16.00 Sports Medicine session

Moderators: P. Koumis, J. Espregueira Mendes

Ankle Instability: Surgical Options and the role of Arthroscopy
N. Markopoulos

Epidemiology of sports injuries in a professional football team
A. Quaglia

Coronavirus epidemic Vs. Functional capacity of elite basketball players: who is going to win?
N. Dikic

Surgical treatment for large knee cartilage lesions. Where are we in 2022?
J. Espregueira Mendes – R. Bastos

The role of lateral plasty during ACL reconstruction in athletes
T. Bonazinga

The role of transforaminal lumbar endoscopic discectomy in elite athletes
S. Kapetanakis – N. Gkatsnikoudis

TBA
E. Papacostas

Discussion

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Saturday 14 May 2022

08.00-08.30 Registrations

08.30-09.45 Knee Preservation - Arthroplasty session

Moderators: E. Ziogas, E. Tsiridis

UKA and concomitant osteotomy. Which are the boundaries?

P. E. Gelber Ghertner

Specific aspects of patellofemoral cartilage lesions

G. Demey

MIS Rosa Robotic - Total Knee Arthroplasty

E. Kenanidis

How to decide when to implant uni or total knee prosthesis
in primary knee oste

V. Stavrev

Tips and tricks in revision knee arthroplasty

Th. Randau

Discussion

09.45-11.00 Knee Arthroscopy session

Moderators: S. Papastergiou, H. Voulgaropoulos

Are all ACL techniques worth the time?

A. Silva

Fresh osteochondral allograft transplantation of the knee

P. E. Gelber Ghertner

Meniscal allograft transplantation. Indication, techniques
and results

A. Grassi

Meniscal transplantation: when and how

M. Hantes

ACL reconstruction – All inside technique

M. Iosifidis

Discussion

11.00-11.30 Coffee break

11.30-13.30 Orthopaedic Trauma session

Moderators: Th. Apostolou, J. Korbmacher

Vertebral fractures - conservative treatment vs minimal invasive procedures

S. Kapetanakis - E. Floros

Osteosynthetic treatment of proximal femoral fractures: the timing of treatment delayed in case of pre-existing anticoagulation

J. Korbmacher

Lisfranc fracture - dislocation. Current management

A. Pettas

Sacroiliac joint trauma

I. Hasani

Fracture treatment using minimally invasive iluminos procedures

A. Yousef

Application of augmented reality technology in Orthopedics and Trauma surgery

V. Raykov - N.Tzachev

Discussion

13.00- 14.00 Light lunch

14.00-15.15 Paediatric Orthopaedics session

Moderators: M. Vermisoglou, K. Rimmel

Establishment of a small pediatric orthopedic center in northern Tanzania

A. M. Schraml

Too bended and too short – maldeformity of the lower extremities with children and their minimal invasive correction

K. Rimmel

Patella instability - the role of trochleoplasty

B. Leidinger

Developmental dysplasia of the hip

Ch. Konstantoulakis

Low molecular weight heparins (L.M.W.H.) and thromboprophylaxis in orthopedic surgery in children and adolescents. Latest data

H. Voulgaropoulos

Discussion

15.15-16.15 Satellite Symposium (*Arthrex*)

G. Salzmann

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Hybrid Conference

Sunday 15 May 2022

08.00-08.30 Registrations

08.30-10.00 Hip Arthroplasty session

Moderators: V. Stavrev, L. Massari

The best of the 2 worlds: STAR Piriformis Preserving Mini Posterior Approach

E. Tsiridis

Short femoral stems. When, which, how. My experience

G. Drosos

Role of Densitometric analysis in the follow-up of periprosthetic osteointegration

L. Massari

Anterior approach in hip arthroplasty

L. Poultsides

Managing femoral and acetabular defects in revision hip arthroplasty

Th. Randau

Tips and tricks for replacement of the acetabular component

L. Niggemann

Discussion

10.00-11.15 Rehabilitation interventions after minimal invasive orthopedic surgery

Moderators: St. Masiero, J.V. Papathanasiou

Physical therapy interventions in subjects performed minimally invasive spine surgery

Y. Dionyssiotis

Health-related quality of life after transforaminal percutaneous endoscopic discectomy

J. Papathanasiou

Rehabilitation techniques in athletes after transforaminal percutaneous endoscopic discectomy. What's new?

M.C. Maccarone

Percutaneous endoscopic discectomy: Do we need new rehabilitation guidelines?

St. Masiero

Chronic low back pain management in physiotherapy

N. Rogdakis

Discussion

11.15-11.45 Coffee break

11.45-13.00 Shoulder Arthroscopy session

Moderators: **K. Dimitrakas, J. Barth**

Massive Rotator Cuff Tears. Superior Capsular reconstruction with the Long Head of the Biceps Tendon

J. Barth

Education on Shoulder Surgery. The Past, the present and the future

A. Boutsiadis

Endoscopic brachial plexus release

Th. Lafosse

Management of AC joint dislocations according to the ESA-ESSKA consensus

K. Grezda, Cl. Rosso

Arthroscopic Eden-Hybinette for the treatment of anterior shoulder instability

E. Fandridis

An overview of treating anterior shoulder instability

E. Antonogiannakis

Discussion